

### My One and Only University

In order for you to be confident you have made the best decision possible, it is necessary to identify and then evaluate the reasons why you believe/feel that there is only one university where you can obtain your Bachelor's degree. Identifying the reasons gives you the opportunity to determine if your reasons are valid to you and worth delaying your time to transfer.

*Instructions: Read the statements below and check off any reasons that apply to you. You can also add reasons that are not on the list.*

My Reasons	Yes	No
I have wanted to attend this university for a very long time and I can't imagine attending another university.		
Because I was denied admission that means that I have failed and I can't be a failure.		
The reason that I came to community college was because I was denied as a freshman to the university. If I don't transfer to this specific university then that means I made the wrong decision and have wasted my time at community college.		
This university is the only one that has my major.		
I can't leave Santa Barbara so I need to transfer to UCSB because it is the best university in the area.		
My parents expect me to transfer to this university and I told them I would.		
This is a prestigious university and in order to be successful I must attend a prestigious university.		
This is the only university I can afford.		
I have dreamed of attending this university because I love the campus and the location.		
I have never considered other universities and the process of selecting another university feels overwhelming. I'd rather stick to what I already decided.		
All my best friends are going to attend this university and if I go to another university I will be lonely and it will be the end of my social life as I know it.		
I really want to attend this university so it should happen.		
I'm familiar and comfortable with the locale and it's scary to think of going to a new place.		
Everybody knows you're a nobody if you don't attend this university.		
My family and friends will be really disappointed in me if I don't attend this university.		
My girlfriend/boyfriend/significant other is attending this university and we have plans to be together.		
Additional Reasons (List below.)		

*Now that you have identified your reasons, read each one and ask yourself, "Is this so important to me that I am willing to delay my time to transfer?" After thoughtful consideration, check "Yes" or "No" for each reason you identified. What did you discover from this process? Do you still believe/feel that there is only one university where you can achieve your Bachelor's degree and it is worth the delay to your transfer timeline? If you still aren't sure about your decision, meet with a counselor to assist you with planning your next steps.*